

The Camino Ingles, or the English Way, is one of the pilgrimage routes that leads to the Cathedral of Santiago de Compostela in Galicia, northwest Spain. It is named "Ingles" because it was historically used by English pilgrims who sought to visit the shrine of St. James the Great in the Middle Ages.

The Camino Ingles is considered to be one of the shortest and easiest of the Camino routes, with a total distance of around 100 kilometers. It begins in the port city of Ferrol and ends in the town of Santiago de Compostela. Along the way, pilgrims can visit the beautiful cities of A Coruña and Betanzos, and enjoy the stunning Galician countryside.

Unlike the Camino Francés, which is the most popular Camino route, the Camino Ingles is not as well-trodden and offers a more peaceful and intimate pilgrimage experience. Despite its shorter distance, the Camino Ingles is still a challenging and rewarding journey that can provide many of the same benefits as the longer Camino routes.

The Camino Ingles has two traditional starting points: the port cities A Coruña and Ferrol.

Pilgrims traditionally took this Camino Route from Northern Europe, Britain, and Ireland on their way to Santiago, and it was also an important trading route.

Even if A Coruña is a larger and more attractive town than Ferrol, only a few pilgrims start from there because it's situated less than 110 km from Santiago de Compostela.

The Camino Ingles from A Coruña or El Ferrol to Santiago de Compostela is a short but beautiful one that can easily be completed in 3 to 5 days.

Wishing you a Buen Camino!!

Guide Index

About When to go Getting there and away	Page 3 Page 3 Page 3
A Coruna - Santiago de Compostela 4 Stages	
Stage 1 A Coruña > Sergude Stage 2 Sergude > Hospital de Bruma Stage 3 Hospital de Bruma > Sigüeiro Stage 4 Sigüeiro > Santiago de Compostela El Ferrol - Santiago de Compostela 5 Stages	Page 4 Page 5 Page 5 Page 6
Stage 1 El Ferrol > Pontedueme	Page 7
Stage 2 Pontedueme > Betanzos	Page 8
Stage 3 Betanzos > Hospital de Bruma	Page 8
Stage 4 Hospital de Bruma > Sigüeiro	Page 9
Stage 5 Sigüeiro > Santiago de Compostela	Page 9

About:

The walk from Santiago de Compostela to A Coruna or Feroll is a short but beautiful one. The end point of both caminos the Plaza d'Obratorio right in front of the Cathedral, but if you are planning on getting your official Compostela Certificate you will have to start your walk in El Ferrol, as at only 68 kilometers the A Coruna walk is not long enough. The walk from El Ferrol is 113 km and just long enough to qualify for it.

The two Caminos Ingles's are the shortest of all caminos and can be accomplished in 3 to 7 days depending on your pace and from where you start.

The route poses no great difficulty for most of the pilgrims. If you are just starting out with hiking it may be a bit more challenging walk and you should definitely add a few days to your walk.

When to go:

The Camino Ingles can be walked at any time of the year. However, the most advisable months are those of spring and summer, given their pleasant temperatures and because most all albergues along the way will be open.

The weather on the Camino Ingles is mild all year round. In theory, it is possible to walk the Camino Ingles year-round, however people mostly walk this way from March to mid-November when the weather is dry and mild. Intense summer temperatures are not a real issue on the Camino Ingles, with the average summer temperature being 25 degrees celsius.

However, you should know that it is a fairly crowded route, in high season you will find it full of pilgrims as it can be completed in under a week and is quite popular with Spaniards, so it may be hard to find accommodation on long weekends or holidays. Also note that August is the month most all Spain is on holiday.

Whilst the fall and winter months are not the most pleasant to walk due to the increased chances of rain, temperatures are not all too low. However you may find many albergues closed during these months.

Getting there and away:

Monbus connects Santiago with A Coruna and Ferrol a few times a day. The duration of the trip is about 1 1.2 hrs to A Coruna and about 2 or 3 hours to el Ferrol, depending on the route that the bus takes.

You can also take a short 40 min hop on a commuter train from Santiiago to A Coruna, but getting to Ferrol by train from Santiago is not practical as it takes many hours.

For schedules and reservations:

MONBUS

Camino Ingles A Coruña to Santiago Stages

Starting Point

A Coruña

Services: A,H,S,R,B,C,P,Ti - Air, Rail, Bus

Province: A Coruna Region: Galicia Airport: LCG

Worthwhile Seeing and doing:

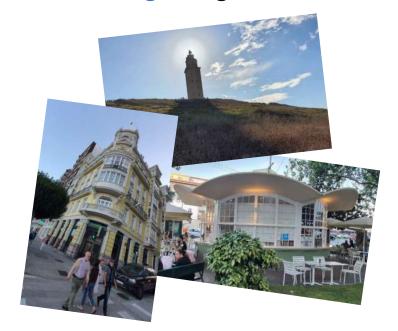
Pilgrims Mass at Cathedral

Torre de Hercules Lighthouse - Oldest in the world.

Getting there:

Air: from Madrid to LCG

Train: from Madrid and Santiago **Bus:** from Santiago de Compostela



Stage 1

A Coruña > Sergude

Services: A,H,R,B, Population: 25 Province: A Coruna Region: Galicia

Distance: 18.1 km Stage Difficulty: Easy

Terrain: Mostly downhill, Uphill after Negeira **Walking Surface:** City Streets, Suburban Road

Scenery: City, Rolling Hills

Rest Stop: Negreira

Highlight of the Stage: Leaving A Coruna

Stay: Alberque de Serqude-Carral W&D, K

Eat: Casa Adolfo

A Coruña
6.25 KM
O Portádego
3.56 KM
O Burgo
1.95 KM
Alvedro
2.47 KM
Sigrás
2.59 KM

3.28 KM





Sergude > Hospital de Bruma

Services: A,H,R,B,C Population: 25 Province: A Coruna Region: Galicia

Distance: 12.45 km

Stage Difficulty: Moderate but 4 km uphill at end!!! Walking Surface: Mainly road, Some dirt path

Scenery: Rolling Hills, Forest

Rest Stop: Olveiroa

Stay: Alberque San Lorenzo**** W&D,K,V Albergue Peregrinos de Bruma W&D,K

Eat: Casa Grana



3.34 KM

Bordelle Abeleira As Travesas

Sarandóns

Montecarlo (Sergude)

Hospital de Bruma

Stage 3

Hospital de Bruma > Sigüeiro 3.52 KM

Services: A,H,S,R,B,C,P

Population: 3845 Province: A Coruna

Region: Galicia

Distance: 15 km Stage Difficulty: Easy Terrain: Mostly downhill

Walking Surface: Dirt path, Some Road

Scenery: Forest, Villages

Rest Stop: O Castro - Breakfast

Stay: Albergue Camiño Real W&D,K

Alberque Miras W&D,K,

Hospital de Bruma

O Castro

3.44 KM

2.92 KM

1.79 KM

5.53 KM

7.14 KM

A Rúa (Buscás)

O Outeiro (Poulo)

A Calle (Poulo)

A Baxoia

Sigüeiro





Sigüeiro > Santiago de Compostela

Services: A,H,Pa,S,R,B,C,P,Ti - Air, Rail, Bus

Population: 96.000 Province: A Coruna Region: Galicia Airport: SCQ

Distance: 15 km **Stage Difficulty**: Easy

Terrain: Mostly flat or downhill

Walking Surface: Dirt path, Some Road

Scenery: Forest, Villages

Worthwhile Seeing and doing:

Pilgrims Mass at Cathedral
Cathedral Museum
Portico de la Gloria Tour
Pilgrims Museum
Coffee at the Parador
Tea in garden at Costa Vella Hotel
Visit the Pilgrims House
Sunset on the Cathedral Plaza

Don't miss!!:

Eating at A Horta d'Obratorio Pilgrims Mass

Stay: Albergue Seminario Menor***** W&D,B,K,V 15 min walk to Cathedral Cheap single rooms

<u>Seminario Mayor</u>*** B,L,D By Cathedral - Pilgrims get when asking when reserving Hotel Alda Aligia **** W&D,B Central - Cozy rooms.

Parador Nacional**** B,L,D By Cathedral - Splurge

<u>Hotel Costa Vella</u> *** B Center - Hotel with very nice garden

Eat: A Horta d'Obratorio (Michelin Guide Recommended) Reservation needed

Casa Manolo - Good for groups

Enxebre - Close to Cathedral - Parador

Relax: Cafe La Morena - Great Coffee

Cost Vella - Nice Garden - Quiet Spot

Pilgrims House - Luggage storage - Quiet Spot - Camino Info





Camino Inglés El Ferrol to Santiago Stages

Starting Point

El Ferrol

Services: A,P,H,R,B, Train, Bus, Air

Province: A Coruna Region: Galicia

Worthwhile Seeing and doing:

Pilgrims Mass at Cathedral

Museo Naval

Coffee at the Parador Nacional



Getting there:

Air: from Madrid or Gijon or Ribadeo **Bus**: from Santiago de Compostela

Stay: Parador Nacional**** B,L,D - Splurge

Hostal La Frontera * Center - Hotel with very nice garden

Stage 1

El Ferrol > Pontedeume

Services: A,P,H,R,B, Population: 7.800 Province: A Coruna

Region: Galicia

Distance: 28.4 km

Rest Stop: Negreira

Stage Difficulty: Moderate

Terrain: Mostly flat but some uphill sections 4.39 KM

Walking Surface: City Streets, Suburban Road
Scenery: City, Rolling Hills
2.97 KM

3

Highlight of the Stage: Leaving Ferrol

Stay: Albergue Rio Eume W&D, B,L

Ferrol

7.65 KM

5.75 KM

0.37 KM

5.31 KM

1.99 KM

Polígono Gándara

Xubia

Neda

Fene

O Pereiro

Cabanas

Pontedeume





Pontedeume > Betanzos

Services: A,H,S,R,B,C Population: 12.960 Province: A Coruna Region: Galicia

,

Distance: 19.6 km

Stage Difficulty: Moderate

Terrain: Mostly flat, 4 km uphill at end

Walking Surface: Mainly road, Some dirt path

Scenery: Rolling Hills, Forest

Rest Stop: Porto Abaixo

Stay: Albergue Rio Mandeo **** W&D,B,L,D,C

Eat: Tortilla Espanola!!! Betanzos is known for its tortillas!!! El Iberico



Stage 3

Betanzos > Hospital de Bruma

Services: A,R,B,C
Population: 3845
Province: A Coruna

Region: Galicia

Distance: 23.7 km

Stage Difficulty: Moderate
Terrain: Up and downhil.

Walking Surface: Dirt path, Some Road

Scenery: Forest, Villages 7.99 KM

Rest Stop: Many along the way

2.45 KM

Stay: Albergue San Lorenzo**** W&D,K,V Albergue Peregrinos de Bruma W&D,K

Eat: Casa Grana

Betanzos

3.59 KM

3.73 KM

3.98 KM

2.05 KM

Xanrozo

Cos

Presedo

Leiro

As Travesas

Hospital de Bruma





Hospital de Bruma > Sigüeiro

Services: A,H,S,R,B,C Bus

Population: 3845
Province: A Coruna

Region: Galicia

Distance: 12.52 km **Stage Difficulty:** Easy

Terrain: Mostly downhill

Walking Surface: Dirt path, Some Road 5.53 KM

Scenery: Forest, Villages

Rest Stop: Many along the way

Stay: Albergue Camiño Real W&D,K

Albergue Miras W&D,K,

Hospital de Bruma

O Castro

3.52 KM

3.44 KM

2.92 KM

1.79 KM

7.14 KM

A Rúa (Buscás)

O Outeiro (Poulo)

A Calle (Poulo)

A Baxoia

Sigüeiro



Stage 4

Sigüeiro > Santiago de Compostela

Services: A,H,Pa,S,R,B,C,P,Ti - Air, Rail, Bus

Population: 96.000 Province: A Coruna Region: Galicia Airport: SC

Distance: 15 km

Stage Difficulty: EasyTerrain: Mostly downhill

Walking Surface: Dirt path, Some Road, City Streets

Scenery: Forest, Villages

Worthwhile Seeing and doing:

Pilgrims Mass at Cathedral

Cathedral Museum

Portico de la Gloria Tour

Pilgrims Museum

Coffee at the Parador

Tea in garden at Costa Vella Hotel

Visit the Pilgrims House

Sunset on the Cathedral Plaza

Sigüeiro 8.72 KM

3.54 KM

3.59 KM

Formarís

Polígono do Tambre

Santiago de Compostela



Don't miss!!:

Eating at A Horta d'Obratorio Pilgrims Mass

Stay: Albergue Seminario Menor***** W&D,B,K,V 15 min walk to Cathedral Cheap single rooms

Seminario Mayor*** B,L,D By Cathedral - Pilgrims get when asking when reserving

<u>Hotel Alda Aligia</u>**** W&D,B Central - Cozy rooms. <u>Parador Nacional</u>**** B,L,D By Cathedral - Splurge

Hotel Costa Vella *** B Center - Hotel with very nice garden

Eat: A Horta d'Obratorio (Michelin Guide Recommended) Reservation needed

Casa Manolo - Good for groups

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Pilgrims House - Luggage storage - Quiet Spot - Camino Info

Services Codes: A= Albergue H= Hotel Pa= Parador S= Supermarket R= Restaurant B= Bar C= Cafe P= Pharmacy Ti= Tourist Info W= Washing Machine W&D= Washer-Dryer B=Breakfast L=Lunch D=Dinner K= Kitchen V=Vending Machine

I hope you enjoyed this guide and that you get good use out of it. If you have any questions or comments, please feel free to contact me at rolf@magener.com

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